The Phased Benefits of Amare Products



Supplementing with Amare products on a daily basis can provide amazing benefits — big and small! Keep in mind that improvements are experienced in phases and some results will be evident faster than others. **Good, Better or Best** — the products work synergistically and the benefits build, so you can choose the system that works best for you. Check out the list below for a few of the great benefits our core products offer.

Days on the Product(s)[†] 30 Amare products are specifically formulated to provide support for: The growth and Reduced stress* Aspects of menta vitality of a range BIOTICS mental wellness by A positive mood* of beneficial gut populating the Reduced tension* bacteria* microbiome with specific strains Feel-good gut, immune and neurotransmitters, of probiotics

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Immune activity*

brain function*

- Concentration and clarity*
- Cognition and creativity*
- Working memory and recognition memory*

such as serotonin*

- Nervous system functioning*
- Healthy aging*
- Communication of the gut-brain axis*

and prebiotics*

- Lower feelings of anger, depression, confusion and fatigue*
- Psychological vigor*

plus ALL the benefits listed above







- Overall wellness*
- Appetite control*
- Feelings of fullness*
- Gaps in nutrition*
- Healthy muscle mass*
- Cellular protection*
- Cellular cleanup processes*
- Increased energy*
- Cellular anti-stress benefits*
- Body composition more muscle, less fat*
- Metabolism speed*
- Heart health*

plus ALL the benefits listed above

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

1 INDIVIDUAL RESULTS MAY VARY, YOU MAY EXPERIENCE FASTER/SLOWER BENEFITS DEPENDING ON YOUR HEALTH STATUS AND DAILY LIFESTYLE.

